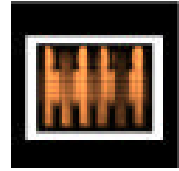

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Perfectly polished presentations

Presentation skills are needed in many aspects of both our personal and professional lives. Whether we are presenting to colleagues, our boss, a community association, or funding group, it's important to both feel confident and be seen as credible.

Offered in either workshop or presentation format, this session is packed with information and how-to explanations to help you become a perfectly polished presenter ...

➤ **TOPIC PREVIEW:**

- Strategies for overcoming butterflies
- Preparing your content
- Designing visuals to support your content
- Getting and maintaining your audience's attention
- Delivery style and logistics - movement, timing, voice, etc.

➤ **TARGET AUDIENCE:**

Those who wish to learn more about presenting effectively in a non-judgmental and supportive environment.

➤ **SESSION LENGTH:**

- **Option One** - 1-day workshop
- **Option Two** - 1-hour presentation (suitable for meal or conference presentations).